

## **Leave No Trace Cell Phone Use Guidance**

It is recognized that many outdoor recreationists carry cell phones for safety and emergencies. Be considerate of other visitors: carry and use cell phones out-of-sight and sound of other people. Keep them turned off until needed or left in a pocket on the “vibrate” or “silent” ringer setting.

Be self reliant, whether carrying cell phones or not. Don't leave ill-prepared or engage in risky actions just because you have a cell phone to call for rescue. Remember that in many remote areas cell phone coverage is limited or non-existent.

Many people go to the out-of-doors to get away from technology. Please respect their desire for solitude and be considerate when using a cell phone.

For more information on Leave No Trace, please visit [www.LNT.org](http://www.LNT.org) or call 1.800.332.4100